



# CRAIL MATTERS

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## *Crail; The Jewel of the East Neuk.*

### **Bird Woman of Crail**

Back in the 1970's Gwladys Anderson was driving along



the High Street past the newsagents shop and saw the banner headline "Bird Woman of Crail". This was an article about her care of injured and oiled birds which also earned her a spot on Songs of Praise when

it came from Crail. She even has a little part of the exhibition in the museum dedicated to her lifelong love of needlework of all sorts. Her husband, Rab, died back in 2010, and he was one of the last council members before they disbanded Crail Council back in the 1980's. As a family we have lived at Selcraig Gardens since 1964, and have loved being part of this wonderful community.

Now Mum has just turned 96, and the time has come for her to be looked after full time, and she will go to live in her own little 'but and ben', beside her daughter Lesley, in Dunfermline. However, before we leave Crail we would like to say a big thank you to all the people who have helped to allow Mum to continue to live in the home that she and Dad made for us all, and which we have enjoyed for so long.

To the community in general, and the welfare folk who never let a birthday or Christmas pass without a visit and present. To the army of helpers who make sure she is well cared for – Finlay (our first port of call for all things medical); Fiona, for keeping her on her client list and coming down to do her hair in her own home; Catriona, who before retirement kept Mum in talking books; Gill, for keeping the garden tidy and colourful; and Claire for keeping the house clean, and much else besides. Then her friends, who we cannot thank enough for all they have done for Mum over the years - Jean, Rhona and Jenny (bearer of soup in winter and flowers to brighten her summers). And a special thanks to George who kept the flags flying when Dad could no longer do the job. He now becomes the official Flag Man of Crail.

So it is with a great deal of sadness that we take our leave of Crail, but for Mum's children, grandchildren and great grandchildren it will always be a very special memory, and a place to return to again and again.

### **Crail Charrette Report**



The report of the Charrette meeting held in May is now available. This report is the first part of a process that will record the outcomes of the Decide Crail's Future visioning charrette. The charrette, which was initiated by Crail Community Council and Crail Preservation Society, focused on the creation of a vision for what people want for Crail in the future and the ideas and actions that can help make it happen. The charrette workshop was held in Crail Community Hall on the 12th of May 2018 and was facilitated by 7N Architects and Nick Wright Planning. Over 100 people attended, which was a high turnout for such an event, reflecting how involved and concerned people feel about their community.

The charrette process is enabling the development of a vision for Crail's future. Clear consensus emerged that the community needs a plan to help shape and focus energy for initiatives, projects, future development and government policy – in order to tackle Crail's challenges of fragile businesses and services, retaining families & young people, an ageing population, and shaping future development.

Five key principles should shape that plan:

New development must enhance the centre and develop a sense of community.

New housing proposed for Crail must include homes affordable to young people and families to encourage a diverse resident population.

New development must encourage growth in sustainable tourism and small businesses.

New development must actively improve community services and facilities.

All new development must be phased and the growth of Crail must be managed, sustainable and integrated with the existing settlement.

With development pressures for expansion, now is the time to develop a sustainable plan for the community's future based on this vision, to ensure Crail's future well-being.

#### **Full version**

[https://www.dropbox.com/s/4mw8shyqd99b9u1/180725\\_Crail\\_Workshop\\_1\\_Report\\_print.pdf?dl=0](https://www.dropbox.com/s/4mw8shyqd99b9u1/180725_Crail_Workshop_1_Report_print.pdf?dl=0)

**See page 3 for further details.**

## Crail Festival 2018 Putting Competition



The winners of the Crail Festival 2018 Putting Competition braved the pouring rain on Sunday to be presented with their prizes from CF Chairperson Ian Mooney.

Graham Cox Trophy (for 16yrs and under) was won by Owen Allen, runner-up was Stuart Cochrane, 3<sup>rd</sup> Benjamin Ferguson.

Helen Main Trophy (for over 16 yrs) was won by Owen's Dad, Craig Allen. Owen had a score of 37 beating his dad by one putt! from left to right – Benjamin Ferguson, Craig Allen, Owen Allen and Stuart Cochrane.

Crail Festival's award winning putting green is beating all previous records with already having over 3,200 rounds played. The putting green is open until 19<sup>th</sup> August.

**Thursday 9th August 8pm**

**BYOB £7**

**Crail Town Hall.**

**Our guests are FORGATHERIN**

Having formed in 2013, Forgatherin are a North-East Fife based folk group whose aim is to provide strong vocal entertainment involving all four group members, with sympathetic instrumentation featuring guitar, accordion, keyboard, whistle and cajon. We have performed now for four years around the folk clubs, concert and village halls of Scotland, our most recent appearances being over the autumn of 2017 when we performed successful gigs at The Kirkcaldy Acoustic Club, Leith, Almond Valley and Edinburgh Folk Clubs, the latter taking the form of a concert at the Carrying Stream Festival in November, and we finished with a return to our "home" club at Glenfarg in December where we are all members and resident singers/musicians.

Forgatherin entertain with a wide-ranging mixture of both traditional and contemporary folk songs, employing chorus songs and group harmonies, and attempt full audience participation and craic! We have also produced 2 CDs to date.

The group comprises Lesley Toner and Hamish Grant as main vocalists, with Hugh Toner and John Reid as main instrumentalists. However, it is "the togetherness" of our group which is the essence of our performance and which appears to appeal to audiences.



## Crail Museum & Heritage Centre Coffee Morning



Saturday 11th August 2018  
10am

British Legion Hall  
Home Baking, Preserves, Raffle.  
Admission £2

A Scottish Charitable Incorporated Organisation  
(Charity No. SC023505)



## A Date for your Diary

The annual flu inoculations will take place at Skeith Health Centre on Monday, 1 October 2018

If you are:-

Aged 65 or over

A pregnant woman

An unpaid carer of any age

Work in health care

You are eligible to have the seasonal flu vaccine. Contact your GP Practice to book an appointment. The vaccination takes around 10 days to work and should protect you from the flu for another year.

The flu vaccine is offered to all children in Scotland aged 2-5 (and not yet in school) at their GP Practice. It is offered to all primary school children at school.

If you catch the flu, there are a number of steps you can take to help you recover. Firstly, stay at home, get plenty of rest and make sure that you drink enough fluid to keep yourself hydrated. Water is best, particularly if you have a high temperature.

## Charrette Findings

In both discussion in the Charrette and in the pre Charrette consultation, the following were identified as important issues.

### HEALTHCARE

- Provide an out-of-hours GP service
- Provide GP service as well as dentist's
- With an increase in population, there are concerns over GP, school capacities and nurseries
- Alternatively, an increase in population may lead to GP services being provided
- Would prefer a Crail GP surgery
- Could a GP/dentist's/community hub be combined?
- Crail Pharmacy
- Access to facilities for older population/non-car owner (fears of isolation). At the moment this demographic needs to travel to St. Andrews or Anstruther to see a doctor/dentist.

### SCHOOL

- Provide a school with a library
- Use the school as a community hub- it has a library/kitchen/computers
- Fears for school capacity with increasing population

### LIBRARY

- Develop the former library in the Town Hall into a community hub?
- Opportunities for the future?

### DEALING WITH WASTE

- Waste collection- bins left for weeks in the street
- Provide a glass recycling centre

### SWIMMING POOL

- Provide a swimming pool
- Access to swimming pool is crucial in a coastal area.

### PUBLIC TOILETS

- These need to be sorted.
- Also need public toilets to be built in Beech Walk Park, sign posted at Victoria Park. Coaches could stop there.
- Need better toilet facilities.

### EMPTY CHILDREN'S CENTRE

- Empty children's centre could be used for childcare, business support facilities, serviced office spaces.

### CONNECTIVITY

- There needs to be better mobile phone and broadband coverage.
- There is a distinct lack of services e.g. Internet

### OTHER COMMENTS

- Functioning harbour and rowing club
- Provide facilities and shops all year round.
- Beach- Roome Bay and playground
- Shops and services: use it or lose it (all year)
- Community builds
- Veg boxes
- Make our halls more usable
- Make Crail more motor-home friendly
- Cycleway from Crail to Anstruther
- Understand the impact and opportunity of the wind farm.
- There's a good range of existing facilities: community/halls and spaces. Best use?
- Infrastructure: maintenance of roads, open spaces, play equipment, etc.

The following is a summary of the findings of the Charrette, broadly expressed as **CRAIL NEEDS**;

### Tourism

- Reduce seasonality with the winter festival
- Improve parking facilities for tourists, signage, walking tours
- Improve the harbour and Provide more boat trips
- Promote cycling
- Impact/benefits of wind farm
- Develop the website
- Create winter and summer plans with events for residents and tourists

### Services

- A GP surgery and a dentist's surgery
- A Community Hub
- Better broadband and mobile coverage
- Better roads maintenance
- More cycle paths

### Housing

- New homes for local young people, families and older people.
- Affordable housing.
- Any future development should be integrated with, and connected to the community.
- It should be well designed and serviced with more green space.

### Business

- Support small businesses and entrepreneurs (e.g.: by providing better broadband and mobile coverage)
- Offer serviced business space and facilities to meet and collaborate (perhaps using the vacant Children's Centre)

### Transport

- In the short term, mitigate noise and traffic impacts of current uses
- In the longer term there's a possibility of using the airfield for visitors (e.g. museum, park and ride, etc.).
- Provide better bus connectivity
- Create a 20mph zone throughout Crail
- Provide dedicated visitor parking

### Community

- For Crail's youth, include local employment opportunities, better broadband and mobile coverage, cycle paths, youth activities and intergenerational support.
- Upgrade community halls
- Create a community hub/cafe
- Prepare a plan and strategy
- Involve young people and source more volunteers.
- A number of quick actions were suggested during the charrette which should be considered during the next phase of public engagement, and focus on the actions needed to deliver the vision outlined in this report.
- Establish a glass recycling point
- Mount a vigorous campaign to have super fast broadband and 100% mobile coverage.
- Have the community take an active role in the harnessing the benefits of the development of the offshore windfarm.
- Establish an area for camper vans + visitor parking
- Promote and develop a Winter Festival
- Launch a 'use them or lose them' campaign to support local shops and businesses
- Launch a 20mph speed limit campaign
- Open discussions with the school about establishing a permanent library



**23rd June-19th Aug.**

**1.30-7.30 pm**

**Adult £1 Child 50p**

**Crail Parish Church of Scotland (Charity registered in Scotland SC 001601)**

**Intimations**

Early Morning Services: These will take place at 9.30am until the 26 August.

Session meeting There will be a session meeting on Wednesday 15th August at 7.00pm in the Kirk Hall

Pittenweem Arts Festival - On Monday 6th August bacon rolls, soup, tea, coffee and cakes will be served from 10am – 4 pm in aid of Macmillan Cancer Support.

Also, on Tuesday 7th August the same format will be in place but on this occasion, it is in aid of Mary's Meals.

In our usual venue in Backgate, Pittenweem

Helgelandskysten Musikkforening Concert Friday 10th August in Crail Church at 7.30pm entry by donation.

They are a wind band from the region Outer Helgeland in Northern Norway. The band started in the early spring 2017 and is a cooperation project recruiting musicians from other wind ensembles. Under a sky often colored by the northern light and with the calming sound of waves from the ocean, we gather 4-5 times a year at the different places and islands we come from.

Through the music we will try to give a sound of Norway's coastal culture, you will also hear some church music and popular music from other countries. Museum Coffee Morning On Saturday 11th August at 10.00am in the British Legion hall.

**RBS Community Liaison**

RBS Community Liaison staff will conduct drop in sessions each Tuesday from 1000 to 1200 in Anstruther Lower Town Hall. Anyone with questions or concerns is welcome to attend.

**Crail Matters  
Summer Publication**

Crail Matters will be taking a summer break – there will be no issue on Monday 27 August and 3 September. Copy for the final pre-summer break issue will need to be received 17 August for the issue of 20 August. Publication will resume on 10 September, with final copy needed by 7 September.

**Crail Mobile Post Office  
Service**

Location - Along High Street

Opening times:

Monday 1400-1600  
Tuesday 1430-1630  
Wednesday 1400-1600

**Contact your Fife Councillor?**

Cllr.Linda.Holt@fife.gov.uk 07725 223773.  
cllr.bill.porteous@fife.gov.uk 01333 730837 or  
07753982311  
cllr.john.docherty@fife.gov.uk 07718 66 89 96

**Do you know any young carers?**

We are the respite care officers for Disabilities Fife. Carers that are actively looking for families to help. Please feel free to contact us anytime by:

Phone - 01592 203993  
Email - [respites@disabilitiesfife.org.uk](mailto:respites@disabilitiesfife.org.uk)  
Website - [YoungCarersRespite.com](http://YoungCarersRespite.com)

**Senior Carers Respite Fife**

Senior Carers Respite Fife are pleased to introduce our great new service - Senior Carers Respite Fife.

This is for carers 60 plus. We come to you and lend a helping hand. At a time that's convenient to you. This is a FREE service. For more information email Moira or Adele at [respites@disabilitiesfife.org.uk](mailto:respites@disabilitiesfife.org.uk) or call on 01592 203993



Fancy a day out but want to make sure your four-legged friend can join in the fun as well? Fife has plenty of great options, so here are our #FifeFive best dog-friendly days out.

### 1. Falkland Estate, Falkland

Take your dog for a walk (or a run if you're feeling energetic!) through the beautiful Falkland Estate. Sitting at the very heart of Fife, the Estate covers 1900 hectares and is completely free to visit. Take a walk around the Squirrel Trails and then stop off at the Pillars of Hercules for a coffee or a bite to eat – the café was recently awarded Best Organic Farm Outlet in the UK.

**Address:** Falkland Estate, Falkland KY15 7AF

**Open daily:** 10:00-16:00

**Info:** [centreforstwardship.org.uk](http://centreforstwardship.org.uk)

### 2. Larachmhor Tavern, Pittenweem

If you're after a dog-friendly pub, look no further than the Larachmhor Tavern in the pretty seaside village of Pittenweem by the Fife Coastal Path. The old fisherman's pub has a vibrant and welcoming atmosphere, and they even serve 'dog beer' to keep your four-legged friend refreshed.

**Address:** 6 Midshore, Pittenweem, KY10 2NL

**Open daily:** 10:00-00:00

**Info:** [thelarachmhor.blogspot.co.uk](http://thelarachmhor.blogspot.co.uk)

### 3. Cheesy Toast Shack, Kingsbarns Beach And Crepe Shack, Kinshaldy

The Cheesy Toast Shack in Kingsbarns started out with one key goal – to serve the best grilled cheese in Scotland. It was named the Best Place to Eat at The Edinburgh Fringe Festival, and has made appearances at high profile events including Glastonbury Festival. Dogs are welcome, and there are plenty of cheesy treats for them to enjoy too on the menu. If you and your dog are still hungry, head over to the Crepe Shack in Tentsmuir for all the sweet and savoury combinations you could ever wish for. Both locations are popular with dog walkers.

**Address:** Cheesy Toast Shack, Kingsbarns Beach, Kingsbarns, KY16 8QD - Crepe Shack, Tentsmuir Forest, Kinshaldy, KY16 0DR

**Open:** Cheesy Toast Shack Saturdays/Sundays 11:00-15:00, Crepe Shack - various, check Facebook for individual opening hours

**Info:** [cheesytoastshack.com](http://cheesytoastshack.com) / [facebook.com/crepeshack](https://facebook.com/crepeshack)

### 4. Cambo Garden, St Andrews

The gardens of Cambo House are open all year round (except Christmas Day) and there is a charge to enter. Follow the stream down to the sea, or explore the stunning range of flowers within the garden's Victorian walls. It's a beautiful place to take your dog for a walk – just make sure they're kept on a lead in case a wandering farm animal strolls by!

**Address:** Cambo House, Kingsbarns, St Andrews, KY16 8QD

**Open Daily:** 10:00-17:00

**Info:** [camboestate.com](http://camboestate.com)

### 5. Sean's Coffee Shop, Cupar

Whether you fancy a coffee, a light lunch, or tasty home-baked treats, Sean's Coffee Shop in Cupar is somewhere everyone should stop by. With plenty of seating and its very own 'dog zone', Sean's is a great place to spend an afternoon relaxing.

**Address:** 13 – 17 Lady Wynd, Cupar, Fife, KY15 4DE

**Open Daily:** 09:00 – 15:00

**Info:** [seanscoffeeshop.info](http://seanscoffeeshop.info)

### R.B.S. Mobile Branch Timetable

Tuesdays: St. Andrews Road Car Park, Anstruther – 2.15pm -3.00pm

Thursdays: North Marketgate, Crail – 10.20am – 10.50am

### Could you be a Rural Voice?

Scottish Rural Action are looking for people from across Scotland to join in their new Rural Voices project. The project will be a series of short-term volunteer groups (6-12 months) that will run from August 2018 to March 2021. The issues that have been identified for the 2018 groups are 'Rural Home-

lessness' and 'Impact of Brexit on Rural Scotland'. Issues for future groups could include rural transport, mental health or a variety of other topics that are known to affect rural areas.

For further information, please see: <https://www.sra.scot/members/volunteering/>



# The Crail Seagull

I took another swoop along to Anstruther the other day, despite the fact that the bins there are seagull proof, unlike Crail. I see that the flashing lights at the Kilrenny bridge now flash green as I swoop past – I doubt I will ever be able to have them flash red at me again. What I did notice was the cycle path, hasn't it appeared quite quickly?

Flying along the coastal path I noticed a stone disguised as a puffin! Then I found lots more stones disguised as all sorts of things. They all had some writing on the back. I woke the Denburn Owl and he told me it says "Fife rocks". Whatever can that mean? He said it was a play on words. I've no idea what he's talking about.

Are you drinking enough in this hot weather? Have you been putting any water out for birds? Some of my less adventurous friends have said they get very thirsty but are afraid to go into gardens. Can you help?



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## DIVERSITY WEEK FIFE IS BACK FOR 2018!

We are currently looking for events to add to our Diversity Week Calendar. If you have an event that is running between 03 - 09 September, whether it is big or small, something new or a regular occurrence we'd love to promote it via our calendar. Diversity Week is a partnership between a range of different organisations, groups and individuals from all the different sectors to showcase and celebrate the diversity and vibrancy of life in Fife. As 2018 is the "Year of Young People" we are dedicating our Equality Conference to its themes of Participation, Equality and Discrimination. Contact us to find out more about the event. Details to be announced soon!

To register your event, please see the following link:  
<https://centreforequalities.org.uk/diversity-week-fife-2018/register-your-event-diversity-week-fife-2018/>

### Crail Community Council Notes



**There was no Community Council Meeting in July, the next being 27 August.**

#### Charrette Report

The Community Council are very pleased to see the first of the series of Charrette Reports, and are also pleased we had an opportunity to contribute to its development. The issues raised in this report are important, and we are confident it will set the agenda for the foreseeable future. Obviously the impending North Crail development is a matter for immediate enormous community concern, but the task now is to make sure that whatever emerges is adequate and meets the needs of our community, not the financial aspirations of the developers (or Fife Council's need to tick boxes for housing provision, regardless of need or design). More positively, the Charrette process sets out a series of objectives to improve our community. Some no doubt are long term, some short term, but all will require us as a community to mobilise behind initiatives. The regrettable failure of some of the voluntary organisations in Crail to join together cannot be allowed to hinder these positive opportunities for the development of our community.

#### Community Council Elections

If you wish to either stand as a candidate, or propose someone to be a candidate for the forthcoming Community Council elections, you have to be registered to vote by Friday 10 August. New electors should note that they are not registered to vote simply by completing and returning the recently circulated Household Enquiry Form, as part of the annual canvass. They still need to complete the registration process and the easiest way to do so is to go online and register at [www.gov.uk/register-to-vote](http://www.gov.uk/register-to-vote). Participating in these elections are an important part of Community democracy. Although many of those involved with the Community Council may share a concern about its ability to influence or change Fife Council policy, it remains the best and most effective way of expressing community concerns. It is the only statutory agency that has a direct link with local community needs, and as such does offer a formal route for residents of Crail to access agencies that impact on our lives.

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Material for inclusion in Crail Matters should be sent to [crailmatters@gmail.com](mailto:crailmatters@gmail.com) and received on Friday midday before publication. Any views expressed in Letters to the Editor are those of the author, and not of Crail Matters.

We reserve the right to edit copy for length and style. Submission does not guarantee inclusion.

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