



CRAIL MATTERS

W/C 3 February 2020. No 142 Free - donations welcome
Suggested hard copy Donation 40p

Crail: The Jewel of the East Neuk.



This photo was taken at 9am 26 January at the Kingsbarns car park.

Colin McLachlan

Huge flocks of pigeons

Crail Matters has received reports of huge flocks of pigeons around Crail. Coming up Tolbooth Wynd our informant noticed a large flock on the roof and chimney pots of the old bank. They suddenly took off and then flew back to the roof. Must have been at least 100 birds. At the same time another large flock was seen on the Town Hall roof. They have also been congregating on a roof in the middle of Marketgate, on the fruit shop's roof and causing a lot of mess at 1 Castle Street. The mess they are making with their poo is awful. Not noticed this before in Crail. There must be more people affected by their large numbers. (See *Wild Crail* this week)

Crail Preservation Society

Annual General Meeting

**Monday 17th February 2020
7:30pm – Crail Town Hall**



Crail Matters Consultation on Publication Day

The Editorial Team is considering changing the day of publication from Monday morning to either Wednesday or Friday morning. This is to address some production issues, and also to offer opportunity for better coverage of weekend events. We invite our readers to let us know your views on this proposal by writing to crailmatters@gmail.com.

TO ALL DRIVERS IN CRAIL WHO PARK ON THE PAVEMENT - are YOU one?

From the site 'Ask the Police'

If not specifically prohibited, parking a vehicle on the pavement could lead to an offence of obstruction (think pedestrians, wheelchairs, prams, double prams motorised chairs, etc.) being committed – this could result in a fixed penalty notice being issued to offending vehicle/s. ... Therefore, it is still against the law to park on the pavement/verge by the side of yellow lines.

NEWS FLASH - THERE IS A PERFECTLY GOOD AND FREE CAR PARK

This happens outside Green's and the old bank, especially. Can this behaviour be stopped?

Tracy Fryer, pedestrian

Short Term-Holiday Lets

Following a public consultation on the regulation of short term-holiday lets last year, that government has announced plans to regulate the sector.

The Housing Minister announced in Parliament that the Scottish Government will:

- Introduce licencing for short-term lets, under the Civil Government (Scotland) Act 1982, with a mandatory safety component which will apply to all short-term lets across Scotland. Local authorities will also be given the discretion to put in place further conditions, to help tackle littering or overcrowding of properties, for example.
- Give local authorities the power to introduce short-term let control areas within which planning permission will always be required for the change of use of whole properties for short-term lets.
- Undertake a review of the tax treatment of short-term lets, to ensure they make an appropriate contribution to the communities they operate in.

Regulations giving local authorities these new powers to licence short-term lets and introduce control areas will be in place by spring 2021.

WILD CRAIL

*Will Cresswell,
with Photographs by John Anderson*



A few people have mentioned to me this week that there are “too many pigeons” in Crail. By pigeons, I think they mean the flock of about 100 feral pigeons that sit on roofs along the High Street. A good proportion of these roost next door to me behind Greens. Pigeons, like gulls, are subject to a fair bit of bad press and antipathy generally. It’s a shame because they are one of those few species that still do well despite what we do to the environment. They like the same things we do and they are resilient, social urbanites. Perhaps they are just a bit too successful and in our face: we like our wildlife to know its place. But feral pigeons have a lot going for them.

For a start, feral pigeons are an interesting mix of plumages as a result of our selection of them for a farm animal and latterly as a pest. The gold standard plumage is that of the rock dove – the original, “pure” species that we started harvesting a long time ago. The pigeons you see around the cliffs and sea stacks of the wild west coast are more or less pure, original rock doves. Most feral pigeons in towns resemble wild rock doves, but there are random white and ginger birds, or black ones, or speckled individuals, left over from some selective breeding centuries ago. Rock doves like nesting in sea caves (there a few pairs nesting in Caiplie caves for example), so houses, castles and latterly purpose built doocotes are favourite similar sites in the many areas where there aren’t caves. And once you have pigeons nesting next to you, they are a lot easier to harvest for eggs, young or even adults than climbing up a cliff. We then selected and bred more useful and productive types, with plumage changing along the way – there are also all sorts of “fancy” types of pigeon as a result of selective breeding just for the sake of it, in the same way there are lots of types of dogs. And like dogs, once we abandon pigeons and they go feral, inbreeding and natural selection soon evens things out and they head back to the wild, rock dove plumage type. I had a rough count of the proportion of Crail pigeons that look like wild rock doves, and it’s about 80%, with only a few percent standing out as really odd, domesticated pigeon types. So our feral pigeons are actually much closer to the real thing than, some now redundant, farm animal.

The agents of our pigeon ethnic cleansing are the local peregrines, with a contribution from the local sparrowhawks and buzzards. If you have ever wondered why pigeons are such fast, agile flyers, then consider a peregrine, that in coastal and now some urban areas might take a pigeon a day, but only after an intense and occasionally prolonged aerial chase. The weak, and the odd plumaged, get noticed and culled, leaving those birds that are most like the original wild type, honed by millennia of selection to outfly peregrines. The odd plumaged Crail pigeons will be being gradually winnowed away as they feed in the fields around Crail and meet a hunting peregrine. Back among the rooftops of Crail they are relatively safe – which is why they are here of course, like the gulls. Perhaps the solution to the pigeon “problem” might be to encourage a peregrine to nest in the centre of Crail (or a goshawk which would do the same for the gulls as well). But if they did terribly well, they might become victims of their own success, like the pigeons. Perhaps I will be writing about “too many” peregrines in thirty years’ time.



Draft Sectoral Marine Plan for Offshore Wind Energy – Consultation Events

Monday 24/02/2020 Pittenweem New Town Hall, Session Street, Pittenweem KY10 2QL: 13:00-17:30 – Open information session 18:30-20:00 – Presentation and Q&A Session (Refreshments from 18:00)

A New Future for Crail Community Hall

Following the Crail Charrette and the development of the community plan, which lots of people took part in, finding a better use for the Community Hall in St Andrews Road emerged as a key priority. The Crail Community Partnership of local people, was set up as a charity to implement that community plan. One of the first priorities being considered is taking the hall into community ownership.

The Community Hall is an iconic building which has huge potential to benefit the people of Crail, particularly those not well supported by existing community activities. Fife Council are supportive of a Community Asset Transfer and we now want to engage with local residents to explore the extent of support for taking the Hall into community ownership and converting it into a vibrant community and cultural hub, serving local needs and enhancing the quality of life in the town.

Having the Community Hall owned by a charity means we can apply for funds to implement repairs and improvements, e.g. National Lottery. Fife Council cannot do this, and the Council has many other challenges that are a higher priority in their current economic situation.

We have recently secured funding from the Scottish Land Fund to appoint consultants (Community Enterprise) to re-view both the potential of the hall and how we can fund its purchase and refurbishment. An essential part of the consultants' work is to establish our local needs and ascertain the level of support for the project. We will only proceed if the community wants this to happen and there is a real expressed need.

Community Enterprise staff will be spending time in the town talking to people and there are two easy ways for you to engage and give your views. A survey is being carried out to find out what you, as members of our community, need in terms of facilities and the extent to which, if our project is successful, you will support future activities in the hall.

Paper copies of the survey can be found locally in Crail and it can be accessed online by using this address in your preferred browser www.bit.ly/30QyOZA

We are also holding a drop-in session on the **29th February at the Community Hall from 10 till 12**. Come and give your views and enjoy some light refreshments.

7 Great Ways You Can Help Keep Scotland's Beaches Beautiful

Tackling marine litter is a global challenge, but experts agree that if we all do our bit, we can turn the tide. As we enter Scotland's Year of Coasts and Waters 2020, there are a host of simple things you can do to help keep Scotland's beaches clean and beautiful. So how can you help?

It's no secret that plastic waste is bad for the environment, taking centuries to degrade, killing animals and creating an eyesore on our beaches. As well as being places to enjoy, Scotland's beaches are precious ecosystems - we must act responsibly to protect them. Next time you plan a trip to the beach, keep these things in mind.

1. Collect Your Litter

A day at the beach often means a picnic. Remember to bring a designated bag for your waste, and any other litter you find, as this will make it easier to collect and dispose of when you're ready to go. If you're able to take it home and recycle everything, even better. It is estimated that up to 12.7 million tonnes of plastic gets into the sea each year - the scale of the problem is huge. Much of this litter - around 80% - comes from land, so it's important we stop the cycle.

2. Be A Conscious Shopper

When you're shopping for your picnic, buy smart. Take a reusable water bottle and tubs for your food. Try to avoid things wrapped in single use plastic.

3. Don't Feed The Animals

Although it might seem like a nice idea, it's important not to feed the animals at the beach. This can disrupt the ecosystem, make animals sick and alter their natural behaviour.

4. Join A Beach Clean

Joining a beach clean is a great way to give something back. Team up with a local organisation like Keep Scotland Beautiful or the Marine Conservation Society and get yourself out there. The best way to tackle a beach clean is to start small and work together. Stay safe with gloves and sturdy footwear - and have fun! It's great working with like-minded people to help the environment. Take a look at upcoming clean up events to inspire you.

5. Eat Sustainable Seafood

To keep our seas as a healthy and sustainable source of food, it is important to eat seafood responsibly. One of the best ways to do this is to shop and eat locally, especially at seafood shacks and knowledgeable fishmongers. For more info on provenance, seasonal availability and minimising food miles take a look at Taste Our Best.

6. The Clean-Up Starts At Home

It's important to remember that what we put down our drains has a knock-on effect on the environment. Help protect our beaches by being mindful about what you put down the toilet or into the kitchen sink. Wet wipes, cotton buds, nappies and sanitary items should never be flushed down the toilet. Similarly, in the kitchen, excess fats, oils and greases should be put

/cont

**Community Transport
Transport service for
people with visual im-
pairments in the East
Fife area.**

Royal Voluntary Service volunteers provide Community Transport for trips where mobility issues can make it difficult, if not impossible, for you to use public transport or if you live in rural areas with limited transport. Trips usually include getting to or from hospital or to a GP appointment but can also include trips to the shops or into town or to social activities.

Telephone: 0330 555 0310
Email: fifegnhs@royalvoluntaryservice.org.uk

Or have someone do it on your behalf:

<https://www.royalvoluntaryservice.org.uk/ourservices/service-enquiry?serviceid=884>



**Dune Action Day:
Christmas Tree Crater,
West Sands
St Andrews**

Everyone did a wonderful job donating and moving the old Christmas trees into our dunes. Thanks to St Andrews Links Trust the trees have now been covered in the dune. The next stage is to help us plant up the bare sand with dune grasses so if you would like to volunteer and help us complete the dune restoration, just come along. If we get this done quickly you may be lucky enough to tackle some gorse bushes!

Old clothes, sturdy boots and gloves, coffee and cake to finish.

Meet at the West Sands Café.
West Sands, St Andrews

- Sunday February 23,
2020 10:00 am - 2:00 pm

Keep Scotland's Beaches Beautiful cont.

in a bin rather than down the drain. All of these 'unflushables' can cause blockages and overflows in the waste water system, which can be costly to fix. Find out more at Scottish Water or Keep Scotland Beautiful.

7. Spread The Word!

Communicate positive messages on climate action to friends, family and whoever else will listen. We all love spending time by the sea, so do your bit to keep our beaches clean and beautiful. Find out more about marine litter and the campaigns you can get behind.



The screenshot shows the Crail.info website. At the top, the 'Crail.info' logo is displayed in large blue letters. Below it, a navigation menu includes 'Home', 'Crail', 'Visiting Crail', 'Business in Crail', 'Community', 'Events', 'Latest News', and 'Contact'. A blue arrow points to the 'Events' link. Below the navigation is a dark blue button with the text 'Add an event here'. Another blue arrow points to this button. Below the button is the heading 'Add your Event to Crail.info'. Underneath is a registration form with the following fields: 'Event', 'Date', 'Start Time', 'Finish Time', 'Event Location', and a text area for 'Type a description of your event here, including cost.'

Scottish Country Dancing

Crail Town Hall

Wednesdays at 7:30 pm

October to March
(Starts October 2nd)

Come and join us!

Greens of Crail - reusing plastic

The scallop tubs which are quite well made and are ideal for salmon are available if anyone would prefer a reusable tub instead of a plastic bag - please ask. Also if anyone wishes to bring in their own plastic tubs for had-dock there is no issue as it can simply be tared on the scales. We also now have stock fish dressing and its available in pre used plastic tubs or loose if anyone would like to bring in a jar or tub. *thanks Clem at Greens`*

New !
Seated or Standing
Gentle Exercise Classes for
the 60s+

Starting Wed 29th Jan 2020
 12.30 - 1.30 p.m.

British Legion Hall,
 Nethergate, Crail.

No getting on / off the floor.

Ladies & gents all welcome.
 Just turn up!

1st class free. £5/class thereafter.

Contact Caroline for more info: 01334 652720 or
 07903 675 611

Flexibility

Aerobic

MOVE IT
OR LOSE IT!®

Strength

Balance

CRAIL COMMUNITY CHOIR



The Choir will be going to
 Fife Festival of Music
 in the Adam Smith Theatre, Kirkcaldy on
MONDAY 3 FEBRUARY
 leaving Crail at 5pm.

The new session of the choir will start
 on **Monday 17 February** at 7.30pm in the
 Church Hall when new members will be
 welcome

R.B.S. Mobile Branch Timetable

Tuesdays:
 St. Andrews Road Car Park, Anstruther – 2.15pm -3.00pm;
 Thursdays:
 North Marketgate, Crail – 10.20am 10.50am

Brown Bin Collections in Fife

Details of the winter Brown Bin collection times can be found at the
 Crail Matters web site: www.crailmatters.com

Crail Mobile Post Office Service

Location - Along High Street opposite the Beehive
 Opening times:

Monday: 1400-1600
 Tuesday: 1400-1600
 Wednesday: 1400-1600

Calling all superheroes...
 East Neuk First Responders
 would love you to remember
 us if you're planning any
 sponsored events this year!



search virginmoneygiving.com
 EAST NEUK FIRST RESPONDERS
 SCO40477



CRAIL BROWNIES & RAINBOWS

Now that schools are back, it's time for Brownies
 and Rainbows! If your daughter would like to join
 in the fun, we meet on Mondays in the Legion
 Hall:

5-6pm – Rainbows (age 5 & 6). £2 per night
 6-7.30pm – Brownies (age 7, 8 & 9) £2.50 per
 night

Please contact us for more information by email-
 ing CrailBrownies@yahoo.com or come along on
 Monday evening at the above times. We look for-
 ward to seeing you!

RAINBOWS:

[https://www.girlguiding.org.uk/what-we-do/rain-
 bows-5-7/](https://www.girlguiding.org.uk/what-we-do/rain-

 bows-5-7/)

BROWNIES:

[https://www.girlguiding.org.uk/what-we-
 do/brownies-7-10/](https://www.girlguiding.org.uk/what-we-

 do/brownies-7-10/)



Crail Parish Church of Scotland (Charity registered in Scotland SC 001601)

Linked with St Ayle

Please Remember our Services start at 9:45am, followed by tea/coffee in the Tower

The Rev John Murray has accordingly been elected and appointed as the new minister subject to the approval of Presbytery

Stepping Stone Coffee Morning every Tuesday 10.00 - 11.30 at St Ayles@Anstruther

Chatbite every Wednesday 10:00-12 noon in Crail Kirk Hall

Crail Monday Meetings are held in Crail Town Hall every Monday from 2:15pm. This week's talk is about "History of Golf in Crail" by Eric Morris. Anyone is welcome to join.

Guild: Thursday 6th February in the Kirk Hall from 2:15pm. The Talk is "Bee Keeping" by Isabel Brown

Heather Aird will be running a REHIS Elementary Food Hygiene Course to develop knowledge & skills for working/volunteering in a food environment. The course costs £10 & will run on Saturday 8th February 9am-1pm & Saturday 22nd February 9am-1pm. You must attend both days. If you would like to complete the course, please email Heather heatheraird@btinternet.com.

Rev Margaret Rose will be running a **Lenten Study Group** again this year and it will be open to all in the East Neuk Cluster Group who might wish to attend. The first session will be held on Tuesday 3rd March at 7pm in the small hall, Pittenweem Church halls, James Street (the main road through Pittenweem). Sessions will then follow on 10th, 17th, 24th and 31st March, ie 5 sessions in total. Sessions will last approximately an hour.

Next weeks service will be led by Rev E Gilchrist

Crail Matters only works because you support it.

May we take this opportunity to thank all those people who have donated funds to us to keep our newsletter going. If you haven't yet supported us, then please consider doing so.

Mobile Library

The mobile library calls at Marketgate from 10:00 to 11:00 every 2nd Thursday.

Next Date: 13 February

Listening Ear:

Do you need to talk to anyone?

I offer a voluntary community service to anyone who needs a confidential chat.

Although I am not a therapist, over the past thirty years, I have been privileged to be able to help others talk through a range of personal issues in confidence and without being judgemental.

So, if you would like to have a confidential chat, call me to arrange a suitable time and place.

Gordon Kirkland – 01333 451133

Skeith Surgery

Routine GP appointments - appointments released Monday at 2pm for Monday, Tuesday, and Wednesday morning for the following week. Appointments released Wednesday at 2 pm for Wednesday afternoon, Thursday and Friday the following week.

Nurse appointments can be booked approx 1 month in advance.

Useful Emergency Numbers

| | |
|---|-----------------------|
| Samaritans | 116 123 |
| Breathing Space | 0800 838587 |
| Social Work Out Of Hours Emergencies | 03451 55 00 99 |
| Adult Protection Phone Line | 01383 602200 |
| Child Protection or Social Work | 03451 551503 |
| NHS24 | 111 |
| Police | 101 |
| CARF (Citizen's Advice & Rights) | 0345 1400 095 |
| Homeless Emergency Number | 0800 028 6231 |

Crail Monday Club,

now Crail Monday Meetings

Crail Monday Club, now Crail Monday Meetings, restarted in early December and has enjoyed good attendance and involvement at the new location, Crail Town Hall. During the past few months applications for funding for the Monday Meetings were made to Fife Council and The National Lottery. Both were successful and a total of £3,970 will shortly be available to support future events.

The organising committee would like to extend an invitation to people that would like to join in and in particular would appreciate support for organising future events.

The next meeting is scheduled for the 27th January 2020, and will start at the usual time of 2:15 (in the Town Hall).

2020 speakers and topics

| | | |
|---------------|-------------------------|--------------------------|
| 3rd February | Eric Morris | History of Golf in Crail |
| 10th February | Brian Clarke | Northern Norway |
| 17th February | Will Cresswell | Antarctica |
| 24th February | Rotary Choir | |
| 2nd March | George Phillips | China |
| 9th March | Johnny Izatt | Scottish musician |
| 16th March | Kelsey Jackson-Williams | Crail Kirkyard Monuments |

Shopping Online? Make Sure You Stay Safe

Trust Your Gut

Just like you wouldn't go into a shop that you don't recognise and seems a little off to you, don't shop at stores online that give you a bad feeling and appear shady. If at any time during the shopping or checkout process you feel like the site is asking for too much personal information, just quit the transaction and leave the site. You may hate to leave behind a really good deal, but the money and time you could lose if someone gets your credit card information will definitely cancel out the benefits of a sale price. If the site looks like it was designed in the 90's, has a weird address, fills your screen with pop-ups, just forget about it.



Be Extra Careful If You Are Using A Mobile Device

Smartphones can basically do everything a computer can do nowadays, but that doesn't mean they are as protected against threats as your desktop. Most phones aren't equipped with the anti-virus software that you have on your computer, so it's easier for criminals to get malware on your mobile device that could help them steal information you enter. There's also the risk of your phone being stolen, so make sure it's password protected so any information you may have stored on it isn't easily accessed.

Don't Use Public Wi-fi To Shop

Anytime you enter personal information using a public network, you're setting yourself up for identity theft. Most Wi-Fi hotspots don't encrypt your data, so any hacker can basically just pluck your identity out of the air if he has the right software. This applies to mobile phones, too, since you're often using nearby Wi-Fi. Be aware when you're using a hotspot that any information you send through the Internet could be picked up by strangers; if it's information that could make you vulnerable, wait until you get home to your protected network. It may be less convenient, but it's much safer.

Check Your Credit Card Statement Regularly

Using a credit card is really the only smart way to shop online. If you buy something from a scam site using a debit card, check, or cash, there's no way to get your money back. If you use a credit card, the card companies have to reimburse you for fraudulent charges. But they can't always catch purchases you didn't make or receive, so it's up to you to keep an eye on your statements. If you see something fishy on your statement, just contact your credit card company to dispute the charge and possibly get a new card so the charges won't continue.

Change Your Passwords Regularly

We know, we know. It's a pain to go through and change the passwords on all your online accounts, not to mention the trouble it'll take to try to remember them all. But if you really want to keep your information (and bank account) safe while you're shopping via the Internet, it's essential to mix up your account passwords every three to six months. This puts the kibosh on any hackers who have managed to break into your account. You should also make sure that you don't have the same password across all your accounts, since that makes them all vulnerable if one is hacked.

Look For HTTPS On Link Rather Than HTTP

The Internet has a thousand different acronyms and it's impossible for those who aren't tech savvy to keep track of them all. One you really need to know if you're going to make online purchases, though, is HTTPS. The added "S" means that the way your information is being sent is secure. HTTPS using SSL, or Secure Sockets Layer, which encrypts the information flying through the wires so that only the intended recipient can see it. If you're considering buying from a site whose URL starts with HTTP, be careful with the information you share. Other signs of a secure site are a closed lock or unbroken key at the bottom of the screen.

Don't Click On Email Links

Instead, type out the address in your browser to make sure you're going to the site you think you're visiting. Many phishing scams involve emails from what seem like legitimate sites — banks, online stores, anything you might trust — and then send you to a phoney site where they can gather your information to steal your identity. If you get an email from a site where you've shopped before, make sure you don't follow the links and don't provide any financial or personal information the email requests. Real sites won't ask for important information over email. If you have any doubts about an email's authenticity, go to the company's website and get in contact with them.

Update Your Browser

Each new version of your Internet browser, especially if you use one of the more popular browsers, gets a boost in security. Older browsers, besides not working as well with some websites, often have holes in their security that hackers have discovered and can exploit. The same goes for your operating system and anti-virus software. Updates will keep you ahead of would-be identity thieves and keep your credit safe.

Looking for advice call Consumer Advice Scotland 0800 316 1442. If you have been a victim of this type of crime call Police Scotland on 101.



The Crail Seagull

My chum, Sammy the Seal, has been in the news. He usually sits sunning himself on the rocks at Fluke Dub but occasionally, he takes a wee trip to Broughty Ferry to see what's happening at the Lifeboat Station. The other day he decided to go for a wee stroll along the jetty, I suppose he was wondering if the All-Weather Lifeboat crew were around for a chat. I hope all the fame doesn't go to his head, Fluke Dub may seem boring now and he may not want to be my chum anymore. I'd miss him.



The Royal Burgh of Crail and District Community Council Notes Next Community Council Meeting 24 February

As a contribution to sustainability and reduction of waste, the Community Council has decided not to routinely reproduce paper Agendas and Minutes for meetings. The Agenda and Minutes will be available approximately 1 week before meetings on the Community Council website (www.CrailCC.com). We request anyone who wants paper copies to print their own copy.

The Community Council passed a unanimous vote of thanks to Julie Middleton on her resignation as Secretary to the Community Council.

The failure to complete resurfacing of Kirkmay Road was raised; this has been a matter of complaint from several members of the public. The Community Council understands from the official in Fife Council that contact has been made with the adjacent landowner, and efforts are being made to complete the repairs. In the meantime, temporary repairs to keep the junction in a serviceable condition will be undertaken.

Fife Council has sought to make changes in the way public comments on planning applications are made and publicised. An initial proposal to not publish comments until after the statutory period for comment had closed has been amended to publishing the names of contributors and whether or not they support the application. It is understood that all Community Councils in Fife that have considered this have objected to the proposal as undemocratic and a limitation on public comment on planning applications, and Crail Community Council also object to this proposal.

The proposal from Crail Community Trust for funding to be made available from the Common Good Fund for the repainting of lines, etc. in the MUGA was considered. A member of the public raised the issue of earlier assertions that Fife Council were responsible for maintenance, and the Fife Councillors present were asked to clarify whether this was the case. The proposal was approved subject to clarification of this. Dredging at Crail Harbour - lab sampling, potential ecological effects assessment, bathymetric survey, and Marine Licence form and associated reports are complete and the Marine Licence Application was submitted to Marine Scotland 28 January. The Marine Licensing process can take up to 14 weeks from payment of the application fee for Marine Scotland to complete, but they will follow up with Marine Scotland over the coming weeks and see if its possible for this application to be completed more quickly.

Crail Hospital Car Service

Crail is full of good neighbours and it is they who provide the Hospital Car Service. It's only when you can't drive because you or the car is sick, or it is too daunting to think of standing in the cold, waiting for a return bus from the health centre or the dentist, or you need to get to Kirkcaldy hospital that you wish for a bit of help. Maybe you're new to Crail and don't know many people yet. That bit of help is there and has been for 54 years in Crail. It's the Hospital Car Service. If you could do with that bit of help, ring. 01333 450096.

Advert/Copy Submission to Crail Matters

The Editors are happy to accept material for publication in a variety of formats, but we prefer .jpg and .pdf copy. We would urge anyone submitting material to have regard to efficient use of space - we cannot guarantee to publish in original format large adverts designed as posters. We reserve the right to edit material.

Crail Community Partnership and Crail Charrette

Crail Community Partnership invite all members of the Crail Community to join. An application form can be found here:

<https://crailmatterscom.files.wordpress.com/2019/07/membership-form-short.pdf>

Material for inclusion in Crail Matters should be sent to crailmatters@gmail.com and received on Friday midday before publication. Any views expressed in Letters to the Editor are those of the author, and not of Crail Matters. We reserve the right to edit copy for length and style. Submission does not guarantee inclusion. © Crab Publishing 2019: Editorial Team this week: Helen Byres, Julie Middleton, Isla Reid, Valencia Sowry, Max Taylor, John Wilson